

# MARZZACCO NIVEN & ASSOCIATES INJURY LAW Turn to Us Autumn 2022



Pennsylvania's Top Rated Disability & Injury Lawyers

### Congratulations to...

**Christopher Marzzacco** listed among the **Best Lawyers in America** and named among 2022 Pennsylvania Super Lawyers

Jordan Marzzacco and Rebecca Bailey named among 2022 Pennsylvania Super Lawyers Rising Stars



#### **Did You Know?**

Hayrides originated with farmhands and working farm children riding loaded hay wagons back to the barn for unloading, which was one of the few times during the day one could stop to rest during the frenetic days of the haying season.

# A Winning Volleyball Season!

Our firm had a great time this year playing in the Dauphin County Bar Association's Young Lawyer Volleyball League. We went 8-1 in the regular season.





Nothing screams Fall more than a weekend trip to the local pumpkin patch where you can pick out the perfect gourd for carving, purchase apple cider to enjoy, wander through a corn maze and hop on a hayride. Who doesn't enjoy riding through a farm or orchard while sitting on a bale of hay? While most of us do, we should still be mindful of the dangers they present.

Here are a few hayride safety tips to keep you and your loved ones safe this Fall:



**Follow the posted rules.** A reputable business operating a hayride should have posted rules, probably near the waiting area or cash register. Read them and take some time to explain them to your children.



**Listen to ticket takers, attendants, and operators.** These people not only know the rules of the hayride but are also probably reciting them. They will correct anyone they see doing something wrong.



**Do not stand on the ride.** Once the ride starts, stay seated. Hay can be slippery, and a moving wagon is not a stable surface to stand on.



Use caution with cameras or other devices that will distract you. You may want to take a quick photo of your family on the hayride to post on Facebook. Please do this before or afterward. While the ride is moving, it's important to keep your focus on the ride.



**Hold on.** This is one simple way to help ensure you won't fall off the ride.



**Keep arms and legs inside the wagon.** You don't know the trail the wagon will travel. There might be some tight spaces. Keep your arms and legs inside the wagon to make sure nothing hits you, including low-hanging tree branches from above.



**Adult-to-child ratios for hayrides.** Due to the hazardous nature of hayrides, it's important to have more adults accompanying based on the number of kids riding. Check out our recommendation on the next page.



# Recommended Adults to Child Ratios for Hayrides

Children Ages	Adult to Child Ratio
2	1:3
3-4	1:4
5-9	1:6
10-17	1:10

A lot of it is common sense, but we know it's easy to get caught up in the fun and forget the rules. Just think of how much more fun you can have knowing everyone is safe.

Take care and enjoy all that fall has to offer safely.





No matter what you do at your local pumpkin patch, you'll want to keep these "Instagram" captions handy for the moments you snap along the way:

- 1. "Hay there, let's go for a ride."
- 2. "They say I'm a little ex-straw."
- 3. "I can't bale now."
- 4. "This is the last straw!"
- 5. "Make hay, we're coming through."

#### STOP WORK INJURIES BEFORE THEY HAPPEN:

# You Have a Right to a Safe Workplace

Workers' compensation in Pennsylvania comes into play after an injury occurs, but it does not play a direct role in the prevention of accidents. Pennsylvania and federal laws and regulations require employers follow rules to ensure workplace safety for their employees. A major source of the rules requiring safe workplaces for all workers is the Occupational Safety and Health Administration or OSHA.

# What does OSHA require from employers?

Beyond a workplace free of known health and safety hazards, employees are entitled to:



Workplace health and safety training



Safe machinery and protection from toxic chemicals



Required safety equipment



Workplace inspections on request



The right to report an injury or illness and receive copies of your medical records



The right to know about workplace hazards, injuries, and illnesses

OSHA's role is to not only set the standards for safe workplaces but also to step in on reports of unsafe conditions. It is a good practice to report problems to the employer, however, many employees fear retaliation and do not wish to report the problem. Likewise, employers do not always remedy the problems even when they're aware of the issue. If that is the case, employees can submit a complaint with OSHA, with legal protection from retaliation by their employer. Complaints will often trigger an inspection.

OSHA has the power to issue citations and assess fines against employers for violations of safety rules. OSHA explicitly prohibits retaliation against whistleblowers and will investigate reports of retaliation for reporting certain safety concerns.

If you have concerns about dangerous conditions at work, turn to the experienced workers' compensation attorneys at Marzzacco, Niven & Associates for guidance.



**SOCIAL SECURITY EXPANDS** 

**Accelerated Decisions Program** 

On Monday August 15, 2022, the Social Security Administration announced that it was adding 12 new conditions to the Compassionate Allowances program. The Compassionate Allowances program aims to quickly identify claims where an applicant's condition or disease clearly meets Social Security's statutory standard for disability. Under this program, when a person applies for disability benefits, Social Security would review the claimant's medical records and incorporate technology to detect potential Compassionate Allowances cases that should receive quick decisions. Per Social Security, more than 800,000 people with severe disabilities have been approved through this accelerated policy-compliant disability process.

# The 12 conditions that are now eligible for the **Compassionate Allowances** program include:

- · Angioimmunoblastic T-cell Lymphoma
- · Blastic Plasmacytoid Dendritic Cell Neoplasm
- · Gerstmann-Straussler-Scheinker Disease
- · Microvillus Inclusion Disease Child
- Mowat-Wilson Syndrome
- Myelodysplastic Syndrome with Excess Blasts
- NUT Carcinoma
- Pfeiffer Syndrome Types II and III
- Pontocerebellar Hypoplasia
- Posterior Cortical Atrophy
- · Renal Amyloidosis AL Type
- · Sarcomatoid Mesothelioma

A list of all Compassionate Allowances conditions can be found at: <a href="https://www.socialsecurity.gov/compassionateallowances.">www.socialsecurity.gov/compassionateallowances.</a>

With electronic records transmission, Social Security should be able to quickly obtain a claimant's medical information, review it, and make a fast determination. Not every system or program works as accurately as it should. An experienced Harrisburg Social Security disability lawyer at Marzzacco Niven & Associates can help you fight for the fair disability benefits you deserve in the setting that works best for you.

Feel free to call us and schedule a free consultation to address any questions you may have.



Camp Lejeune is a Marine Corps base and military training facility in Jacksonville, North Carolina that first opened in 1942. Today it is used as both a base of operations for the Marine Corps, as well as a military operations and training facility used by various branches of the armed forces. Over the years, Camp Lejeune has been home to thousands of military service members and their families.

From 1953 to 1987, the public water supply at Camp Lejeune was contaminated with toxic chemicals. For more than 30 years, countless Marines and their families drank and bathed in contaminated water. Strong scientific evidence shows that chronic exposure to the toxic chemicals in Camp Lejeune's water has caused increased rates of cancer and other serious health issues for those who used and consumed the water.

Previously, North Carolina's statute of repose prevented Camp Lejeune victims from bringing lawsuits for their injuries. However, a new federal law – the Camp Lejeune Justice Act of 2022 – will now permit victims of Camp Lejeune water contamination to file lawsuits and seek compensation. Those who were exposed to toxic materials at Camp Lejeune between 1953 and 1987 and were diagnosed with cancer or neurologic disorders can now seek compensation by filing a Camp Lejeune lawsuit after having been denied justice for so many years.



# Easy Autumn Teriyaki Turkey Rice Bowl



**Prep Time:** 15 minutes **Cook Time:** 20 minutes

#### Ingredients Teriyaki Sauce

1/2 cup Low Sodium Soy Sauce
1/4 cup water
2 tablespoons Red Wine Vinegar
2 tablespoons brown sugar or less as desired
2 tablespoons granulated sugar or less as desired
2 teaspoons minced garlic
1 teaspoon ground ginger
1 tablespoon cornstarch
2 tablespoons warm water

#### Bow

1 tablespoon vegetable oil
1/2 cup diced onion
2 tablespoons minced garlic
1 pound Ground Turkey
1 cup finely chopped broccoli
2 large carrots peeled and grated
2 green onions diced, for garnish
4 cups cooked white or brown rice divided

#### **Instructions**

- 1. Mix soy sauce, ¼ cup water, red wine vinegar, both sugars, garlic and ginger in a small saucepan over medium heat. Stir with a whisk until sugar is dissolved.
- 2. Begin cooking your rice in the meantime. Cook your rice according to the instructions on the bag for best results!
- 3. In a small bowl, whisk together 2 tablespoons of warm water and cornstarch until cornstarch is completely dissolved.
- 4. Heat sauce over medium high heat. Slowly whisk in cornstarch mixture and simmer until thickened. Remove from heat and set aside.
- 5. Heat vegetable oil in a large skillet over medium-high heat. Add diced onions to the pan and cook until soft.
- 6. Add garlic into the pan and cook until the turkey is about half cooked. Add grated carrots and chopped broccoli and continue to cook until turkey is no longer pink.
- 7. Pour teriyaki sauce over cooked turkey and vegetable mixture and stir. Simmer for about five minutes to combine the flavors.
- 8. Spoon meat over rice or noodles. Garnish with green onions and serve hot.

HEALTHY TIP

### Nothing to 'Grape' About This Fall

You've heard "an apple a day keeps the doctor away", but what about grapes? Whether you love or hate them, you may want to consider adding them to your lunch or afternoon snack this fall.

Grapes are an excellent source of Vitamin C, antioxidants, Vitamin K, Resveratrol, water and potassium.

While there are plenty of types of grapes to try, always opt for fresh and natural grapes. Instead of drinking grape juice or eating raisins, the unprocessed grape is always where you will receive the most nutrition. Need a hand getting them to last? Try freezing them for a sweet treat, especially if you aren't crazy about them.



#### What do you like most about the firm?

I like that we're very caring! We always try our best to assist every single person who seeks out our services. If we can't, we always ensure they get routed to the proper lawyer, law firm, or other establishment to assist them.

#### What is your position?

Phone Answering Master a.k.a Receptionist

#### How long have you worked here?

Since January of 2017 I've been part of the team here.

## Tell us three things most people don't know about you...

1. I lived in an Ashram for 3 months in California that was strictly focused on meditation, yoga and vegetarianism.

**2.** I have been making gourmet caramel apples for 15 years. Come November this year, I will have single handedly made over 6,000 apples in my lifetime!

3. Unless my life is in danger I have not and will not intentionally kill any living creature, not even an ant. Not even if offered a large sum of money to do so.

#### Where is the best place you've traveled to and why?

Jamaica! It's a glorious island with the most relaxing vibe. The native people are carefree, the fruit is the freshest I've ever had in my life, and the water is crystal clear. I felt like time was extremely slowed down while vacationing there.

## Before working at the firm, what was the most unusual or interesting job you've ever had?

My first job, when I was 13, was at a prestigious banquet hall and country club. I started as a bus girl, then worked as a server while also being a hostess, receptionist, administrative assistant, and snack bar manager. Then I later moved into a bridal attendant. Throughout all of these jobs, I met and even served a few celebrities! I met Mike Tyson, Lil Kim, Katie Couric, Ludacris and Danny Aiello during my time there. My favorite celebrity was Mike Tyson because he's such a kind, respectful, and down to earth man.

# What would you do (for a career) if you weren't doing this?

I would be an actress. Since childhood, I always dreamed of being an actress because I love performing. When I was a child I was in the newspaper for my performance in one of the school plays and a couple of years ago I got hired for my first professional paid gig as a main supporting character for a movie.

#### Any favorite lines from a movie?

"The saddest thing in life is wasted talent" - A Bronx Tale





### Fall Giveaway Bundle

# Our Fall Giveaway Bundle includes the following:

- Fleece/Poly Marzzacco Niven & Associates 50"x 60" Travel Blanket
- Complete gift basket with coffee mugs, coffee, teas, cookies and sweet treats
- \$50 gift card that can beq used at The Cheesecake Factory, Cracker Barrel, Panera or Red Lobster

To enter simply leave your favorite "Leaf" Emoji in the comment section of this contest on our Facebook Page

Deadline to enter is **Sunday, October 2, 2022** 

Winner will be chosen at random from all entries received on **Monday, October 3rd** 

Prize must be picked up in person at our Harrisburg office location.

